



Bring this completed paper to class with you on  
Sunday, Nov. 12 or Wednesday, Nov. 15, 2023.

## What is a saint?

Do you have any heroes?

I bet you do. Think for just a minute about the people you think are great. Think about people you want to be like when you grow up. Who are they? Your parents? Your grandparents? A teacher? An athlete, a singer, or a world leader?

Most of us have heroes. Heroes help us figure out what's important in life and what it takes to be the kind of person we want to be. Did you know that the church has heroes too? They're called saints. November 1<sup>st</sup> is All Saints Day.

You've heard of saints. There's a good chance you go to a parish or a school named after one or maybe your town even bears the name of a saint -- such as San Francisco or St. Louis. Perhaps you have something else in common with a saint: your very own name! Reminders of saints are all around us. But did you ever wonder what exactly a saint is? Did you ever stop to wonder how the saint you are named after got to be a saint in the first place? Let's see if we can find answers to these big questions.

Saints are holy people. Holy people put God and his will first. Holy people listen to God and let him work through them. Each holy man or woman shares different gifts with the world, building up God's kingdom in his or her own way. They show us that no matter who we are or what our talents may be, it's possible for us to put Jesus first and putting Jesus first will bring us more happiness than we could ever imagine. Saints also show us that God is real and that the strength he gives us is real too. Saints were able to do amazingly brave things not because they were so strong themselves but because God made them strong. Saints show us what a difference God's love can make in the lives of people who suffer. So when we wonder where God is, saints are there to show us.

Saints also pray for us in heaven. Just like you prayed your rosary for someone and sent them a card. Have you ever asked someone to pray for you? You can ask your saints to pray for you too!

*Follow the directions to create the attached SAINTS MOBILE. Read about and write THREE facts about each saint. Then, choose one of the saints whose help you might need, and write a small prayer together asking the saint to pray for your intentions. Say it every night in addition to your bedtime prayers. Write your prayer here:*

Name of Saint: \_\_\_\_\_

---

---

---

---

---

---

---

# SAINTS

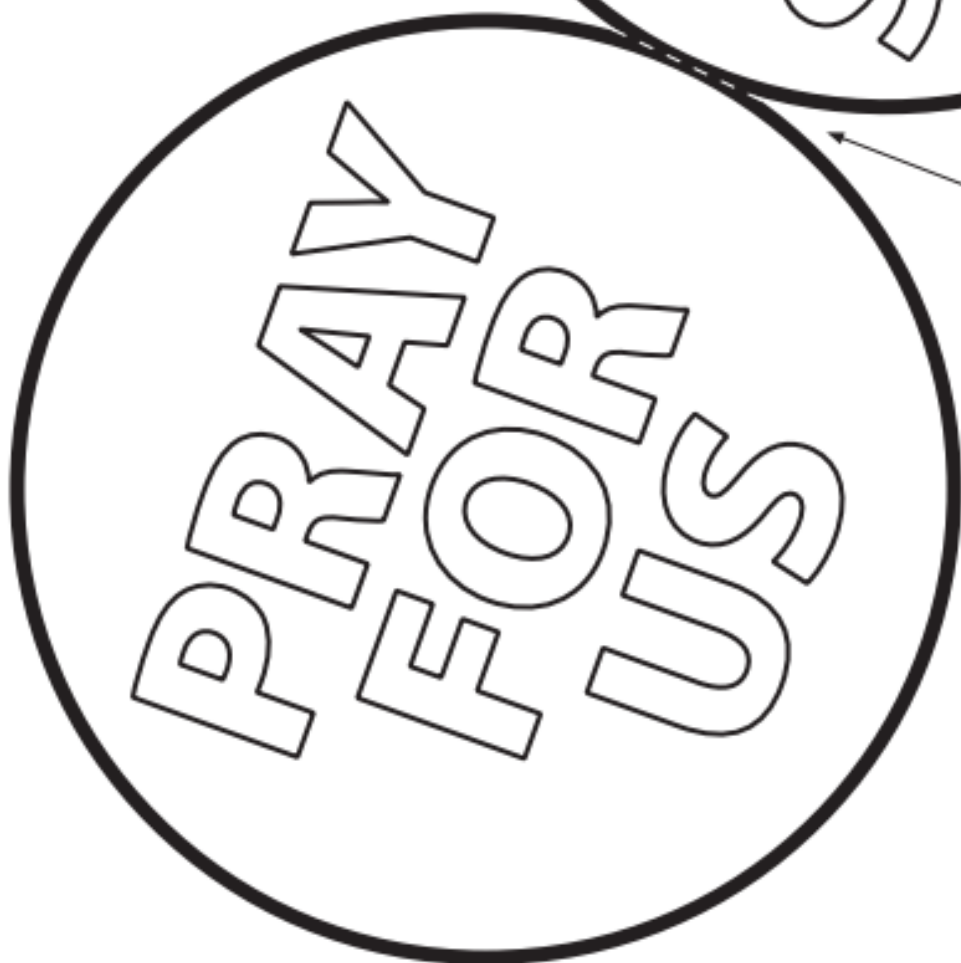
## Mobile

### You will need:

- Scissors
- String or yarn
- Glue or tape
- Crayons or markers

### Instructions, part one

1. Color the images of Mary and the saints.
2. Write prayers on the lines provided, asking for each saint's intercession. Or write a few facts about each saint.
3. Cut out each double-sided medallion, leaving the dotted center fold line intact.



Fold here

### Instructions, part two

4. Cut a piece of string long enough to allow for a hanging loop and spaces between each piece.
5. Fold the medallions in half along their dotted fold lines, and arrange them along the string, with the string centered inside the folded medallions.
6. Seal the medallions in place with glue or tape.

LOYOLA PRESS,  
A JESUIT MINISTRY

Images by KathrynSK  
© Loyola Press.  
All rights reserved.  
[www.loyolapress.com](http://www.loyolapress.com)



Fold here

**Our Lady  
of Lourdes**

---

---

---

---



**Our Lady,  
Mother of Africa**

---

---

---

---



**Our Lady  
of Guadalupe**

---

---

---

---



Fold here

**Saint Joseph**

---

---

---

---



**Saint Kateri  
Tekakwitha**

---

---

---

---



**Saint Lawrence**

---

---

---

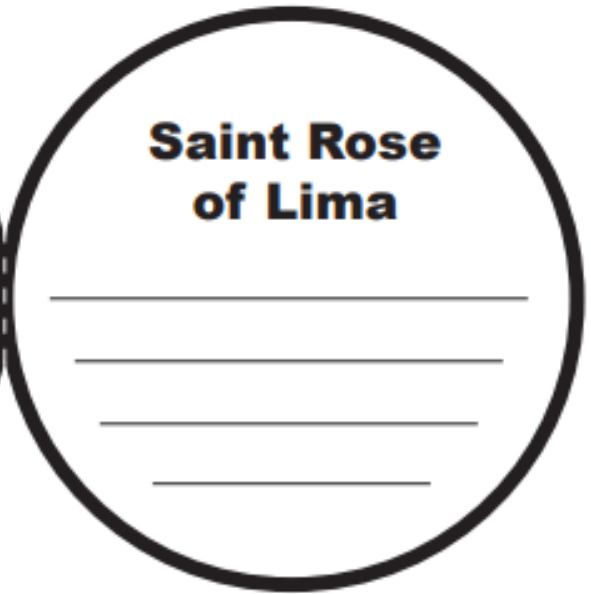
---



Fold here



**Saint Mark**



**Saint Rose  
of Lima**



**Saint Sebastian**





Fold here

**Saint Agnes**

---

---

---

---



**Saint Blaise**

---

---

---

---



**Saint Joan of Arc**

---

---

---

---