



The 7 gifts of the Holy Spirit, received at Baptism and strengthened through *Confirmation*, help us grow in holiness and empower us to help others grow as well. As with any gift, we must be willing to **open** the gift in order to use it!

Part 1: Log into you Ascension account and go to Lesson 13. Watch segment 1 and 2 to learn about the 7 gifts of the Holy Spirit

GIFTS OF THE HOLY SPIRIT

Wisdom Understanding Knowledge Counsel (right judgement)
Fortitude (Courage) Piety (Reverence) Wonder and Awe (Fear of the Lord)

The gifts of the Holy Spirit can seem abstract and academic until you explore how they apply to your life. Which gift of the Holy Spirit will assist in each scenario and WHY?

* I have a major test tomorrow: _____

* I'm in the middle of a gossipy conversation: _____

* I'm dating and feeling pressure to be more intimate: _____

* My sibling is getting involved in the wrong crowd: _____

* My friend is going through a tough time and asks advice: _____

* My parents are struggling in their relationship: _____

* I'm feeling overworked and stressed: _____

* I'm at the Easter Vigil and Mass is too long: _____

* I'm walking a mile along the sand at Cooper's beach _____

* I don't have time to pray or read passages in the bible _____

* I'm just minding my own business, I don't need God...I'm okay: _____

* I'm at the Bronx Zoo and notice all the different species of animals _____

Confirmation is a Sacrament of Initiation, along with Baptism and the Eucharist. The word confirmation means "strengthening." Confirmation is not intended to be the end of our Catholic journey but a new

