



# Faith in Action

## Activity #4 – Grade 7

Bring this completed paper to class with you on Sunday, December 6 or Wednesday, December 9, 2020, or the next time your class meets. If you are studying remotely, email a picture of your completed activity to your catechist.

Name \_\_\_\_\_

Thanksgiving Day is a reminder that we have so much to be grateful for – more than we could ever list or count. Because our God has given us so much, we pause to remember our blessings. On Thanksgiving Day, our entire country gives thanks.

Meister Eckhart was a German theologian, philosopher and mystic, who lived over 700 years ago. He felt that being grateful was so central to our spiritual life that if the only prayer you ever say in your entire life is *thank you*, it will be enough.

For this Faith in Action activity, you are asked to think about someone who has made an important difference in your life and has helped make you a better person. This could be a teacher, parent or other relative, neighbor, friend, community leader, or anyone you are very thankful for.

Then, make a Thanksgiving card for that person. In that card, write a note to that person and say why you are grateful for their presence in your life. Mail the card to that person. You could write a letter if you would prefer to do that. Saying *thank you* to someone who has helped you is a beautiful way to pray and a very appropriate way to celebrate Thanksgiving.

To whom did you choose to send a Thanksgiving thank-you card or letter? \_\_\_\_\_

\_\_\_\_\_

Why did you choose that person? \_\_\_\_\_

\_\_\_\_\_

What is something that you wrote in the note? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How did you feel as you were working on this project? What did you learn by working on this project?

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