



**Activity #7 – Grade 5, Grade 6, and Grade 7**

**Bring your completed activity to class on Sunday, January 23 or Wednesday, January 26, 2022.**

Name \_\_\_\_\_

### **We Pray With Our Family**

Relationships are essential to us all. We choose to spend time with the people who are important to us and so we develop that relationship.

One important way we develop our relationship with God is through prayer. We need to pray by ourselves and we also need to pray with others. As we pray with others, we know that we are not alone in our search for God and our search for meaning in our lives.

This week, choose one way that you will pray with others. You can:

- say grace with your family before supper,
- pray before you go to bed at night and ask God to bless your family and friends. Tell someone in your family what you prayed for.
- learn a new prayer. Ask an adult in your family to teach you their favorite prayer.
- pray the Rosary with a member of your family.
- go to Mass, in person or online, with a member of your family. Talk with your family member about the readings, the homily, or any other part of the Mass.
- choose another way to pray that includes a member of your family.

In what way did you choose to pray with your family? \_\_\_\_\_

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Who did you pray with? \_\_\_\_\_

Why did you choose to pray with your family in that way? \_\_\_\_\_

\_\_\_\_\_

What was that experience like for you? \_\_\_\_\_

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