



Activity #7 – Special Class – Sacrament Preparation

Bring your completed activity to class on Sunday, January 23 or Wednesday, January 26, 2022.

Name _____

We Say “I’m Sorry”

We all do things that are wrong. Sometimes we disobey our parents or teachers. Sometimes we hurt other people or we are mean. When we do things like this, we need to acknowledge that we have done something wrong and to say “I’m sorry.” When we apologize, we need to say that we will try not to do that again.

Soon you will receive the Sacrament of Reconciliation. You can tell God that you are sorry for things you did that are wrong and you will try to be better. And God always helps us to be better people.

Think about one time that you did something wrong and needed to apologize to someone and say that you were sorry.

Who is the person you apologized to? _____

What can you try to do to be a better person? _____

Is there a time that you forgave someone who hurt you? If there was, was it easy or hard to forgive them?

Ask an adult to tell you about one time s/he said “I’m sorry” to someone. Who was the person that the adult apologized to? _____ .

How did it feel to apologize? _____