



Activity #1 – Grade 3 and Grade 4

Bring this completed paper to class with you on Sunday, October 18 or Wednesday, October 21, 2020, or the next time your class meets.

Name _____

On Saturday, October 3 or Sunday, October 4, attend Mass at our basilica or any other Catholic church or watch Mass online. Mass online at the basilica is on the website <https://shjmbasilica.org/>.

Meals are very important times for us. The food we eat nourishes our body. The people with whom we gather for meals love us, nourish our spirit, and help us to be the best people we can be. Meals bring people together.

Write about one meal you remember that was very important to you. It could be a big celebration or a gathering of just a few people. When was that meal? Who was there? Why is that meal very important to you? Talk with your parent or another adult about this important meal.

Draw a picture of that meal and the people who were there.

The Mass is a sacred meal at which we receive the body and blood of Jesus under the appearance of bread and wine. This food strengthens us to live as disciples of Jesus. We all share the same food, Holy Communion. This brings us together with all of God's people.

Draw a picture of the priest celebrating Mass. Include the altar in your drawing. The altar is the table at which the priest prepares this sacred and special meal of Holy Communion.