



Bring this completed paper to class with you on
Sunday, Nov. 12 or Wednesday, Nov. 15, 2023.

What is a saint?

Do you have any heroes?

I bet you do. Think for just a minute about the people you think are great. Think about people you want to be like when you grow up.

Who are they? Your parents? Your grandparents? A teacher? An athlete, a singer, or a world leader?

Most of us have heroes. Heroes help us figure out what's important in life and what it takes to be the kind of person we want to be.

Did you know that the church has heroes too? They're called saints.

You've heard of saints. There's a good chance you go to a parish or a school named after one or maybe your town even bears the name of a saint -- such as San Francisco or St. Louis. Perhaps you have something else in common with a saint: your very own name! Reminders of saints are all around us. But did you ever wonder what exactly a saint is? Did you ever stop to wonder how the saint you are named after got to be a saint in the first place? Let's see if we can find answers to these big questions.

Saints are holy people. Holy people put God and his will first. Holy people listen to God and let him work through them. Each holy man or woman shares different gifts with the world, building up God's kingdom in his or her own way. They show us that no matter who we are or what our talents may be, it's possible for us to put Jesus first and putting Jesus first will bring us more happiness than we could ever imagine. Saints also show us that God is real and that the strength he gives us is real too. Saints were able to do amazingly brave things not because they were so strong themselves but because God made them strong. Saints show us what a difference God's love can make in the lives of people who suffer. So when we wonder where God is, saints are there to show us.

Saints also pray for us in heaven. Just like you prayed your rosary for someone and sent them a card. Have you ever asked someone to pray for you? You can ask your saints to pray for you too!

Look up the saint that you are named after and complete the attached worksheet with your family. Draw a picture of the saint. Then write a small prayer together asking the saint to pray for you and say it every night before bed. Write your prayer here:

Name of Saint: _____

Name of student _____

Name of saint _____



Feast Day _____

Why we honor this saint _____

Look up these saints to learn more~! Then talk about which one is your favorite on the list! My favorite saint is _____ because _____.

Patron Saints MATCHING

Name: _____

Each saint listed below is associated with animals, weather, or the produce of the land. Match each saint's name with a common patronage.

St. Gertrude of Nivelles

For the Protection of Bees and Beekeepers

St. Swithun

For Protection against Storms and Lightning

St. Uguzo of Carvagna

For Protection against Fire and Flood

St. Roch

For the Protection of Gardeners and Barn Cats

St. Ambrose of Milan

For Protection against Earthquakes

St. Ponziano of Spoleto

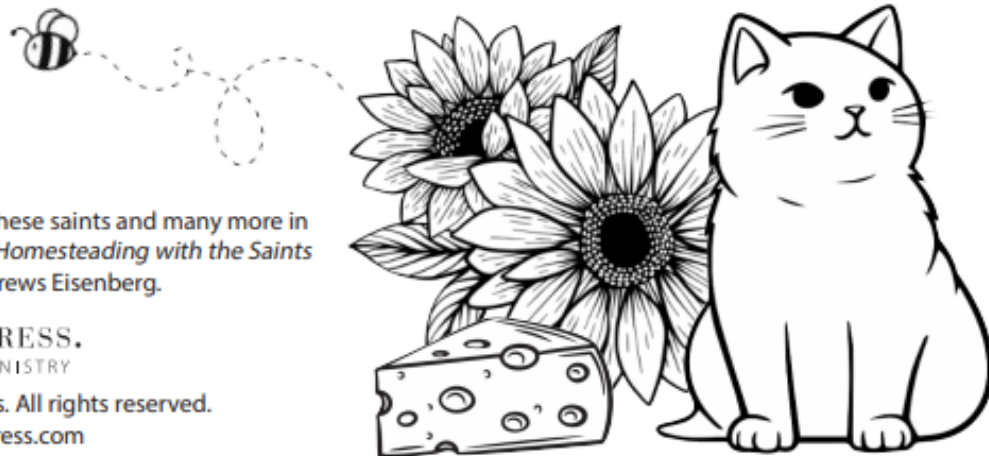
For the Protection of Farm Dogs

St. Barbara

For Rain and Protection against Drought

St. Florian of Lorch

For the Protection of Cheese Makers



Learn about these saints and many more in *Farming and Homesteading with the Saints* by Andie Andrews Eisenberg.

LOYOLAPRESS.
A JESUIT MINISTRY

© Loyola Press. All rights reserved.
www.loyolapress.com